

Focus

One of the causes of success is focus or total attentiveness. As a consequence of centering thoughts on a single point the mind remains attached to it. Then even the hardest hurdle cannot weaken the man's concentration.

Focus is for work what a lever is for lifting weights.

The principle of a lever is that force concentrates at one point, which makes it easy to lift up heavy objects. Similarly by concentrating the mental powers on a single point one is able to solve complex problems.

The working of our mind and body is like that of raindrops.

When collected at one place they make a vast ocean. But if they fall here and there in scattered manner they disappear in the dust with out any visible effect.

We all must have heard about the great personality of Shaikh Bahai. He had mastery over many sciences like physics, mathematics and Islamics and has left a number of his precious books for the posterity. He says, "I have debated with many scientists and scholars. Though their knowledge was very wide in every field I used to win the debate. However when I came across a person who was a specialist in his field, he vanquished me easily. It was so because my knowledge was insufficient in that particular subject.

Mental abilities resemble the sunrays in the matter of solving problems. If sunrays are made to concentrate on a certain point with the help of a magnifying glass they burn down whatever is kept there. Though the scattered rays do not affect anything.

In the same way unless the rays of human thoughts focus on a point they cannot remove hurdles, as the different aspects are not illuminated. Veteran teachers always instruct their students to study everything deeply which only means that the thoughts must concentrate on a particular subject. All inventions and discoveries are the result of concentrated effort.

Aimless people

There are some of us who do not have any particular aim in life. They wander here and there like a drifting ship that dashes against submerged rocks. We can also compare it to an aeroplane without a compass. People without a program of action also smash against the rocks of difficulties or sink in an ocean of nothingness.

There also are some people who do have some program of activities but midway to their goal backtrack and begin to walk in another direction. Only those succeed who do not leave their path before reaching their goal and even if the journey is very long it does come to an end after continuous travel.

Some people fail despite being active and prepared because their mind is not constant. It wavers and jumps from one place to another. They step in different fields, starting a new venture before completing the previous one. They are jack-of-all-trades but master of none and they are not perfect in any particular field.

Nature has taught us a nice lesson. If we continue to uproot a sapling and put it in another place over and over again it would wither away and cannot grow up. But a plant that remains firmly rooted at the same spot grows into a huge tree. Then it flowers and also bears fruit.

Want of concentration or hesitation is same as a plant that is uprooted every now and then. So it neither flowers nor gives fruits. Rather it withers away and dies.

It is rightly said that concentrating the thoughts at one point is the hallmark of the wise.

Taking up many assignments together brings personal loss and also harms the society. It can damage a nation's economy and culture and result in anarchy, which is difficult to control.

Boron used to say: Man's interest and natural talent implies that he can concentrate his conscience and feelings on one point.

Newton was asked how he was able to discover so many things. His answer was that by constantly thinking about them. He was thinking on a subject so thoroughly and deeply that the subject became as clear as daylight before him.

A special feature of the modern civilization is specialization. We have experts in all walks of life. Specialization has become so necessary that the world cannot advance in its absence.

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