

## Introduction and Acknowledgments

**Praise is to Allah (SWT), The Lord of The Universe!**

**In His Name, The Most Beneficent, The Most Merciful!**

Concentration in Prayer was written over a few years and significant research went into completing this project. The main goal of this book is to educate The Muslims of the importance of The Five Daily Prayer and to explain **HOW** to create, develop and maintain concentration in Prayer. This is an important aspect of Prayer since Allah (SWT) only requires our undiminished attention during Prayer.

This book on Prayer requires active reading and active participation. Interested readers will find wealth of information, research and exercises one can effectively employ to reap the fruits of the Prayer. It is envisaged that the reader, in particular the youth and leaders of tomorrow, will look up to this book and apply its recommendations on a daily basis. It is definitely not a once-read book! Charts and diagrams have been provided to aid the reader in understanding the nature of this book.

Even though the book quotes many sources, it is sometimes unable to provide specific citing and references because the collection of the traditions in this book began a few years ago. Suffice it to say that the traditions quoted are authentic and form reliable sources. With the help and assistance of learned scholars, the like of my father – Yusuf Kermalli, Ma'alim Muhsin Alidina, Ma'alim Mohamed Raza Dungersi, and a few close friends, this project was recently completed. Once again, I would also like to thank my parents who have provided their unlimited love and support in the production of this book. And finally, my wife and two lovely children that God has blessed me with, for their patience and confidence throughout the write-up and production of this book.

The Chapter of al-Fatiha is requested for the benefit of the soul of my mother and the souls of all believers who have already made their journey into the next world.

Jameel Kermalli

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